

# Fluctuations of work in realistic equilibrium states of quantum systems with conserved quantities

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## 1 Abstract

2 The out-of-equilibrium dynamics of quantum systems is one of the most fascinating  
 3 problems in physics, with outstanding open questions on issues such as relaxation to  
 4 equilibrium. An area of particular interest concerns few-body systems, where quan-  
 5 tum and thermal fluctuations are expected to be especially relevant. In this contribu-  
 6 tion, we present numerical results demonstrating the impact of conserved quantities (or  
 7 ‘charges’) in the outcomes of out-of-equilibrium measurements starting from realistic  
 8 equilibrium states on a few-body system implementing the Dicke model.

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## 1 Introduction

Understanding how a generic (many-body) physical system evolves in time from an arbitrary initial state and relaxes (or not) to an equilibrium state is a fundamental problem underlying questions from the cooling of neutron stars [1,2] to the design of materials that quickly remove excess heat from computing chips in cell phones [3,4].

In classical physics, conservation laws (e.g., on energy, momentum, angular momentum) can severely constrain the phase space available to the system, thus enabling to make precise predictions on some of these questions. In quantum physics, conservation laws play a similarly strong role. This was strikingly demonstrated in the quantum Newton's cradle experiment [5]. In this experiment, a one-dimensional (1D) gas of strongly-interacting bosons in a harmonic trap was initialized in a highly-non-equilibrium state, and observed not to relax even after a long time evolution (hundreds of trap periods, which sets the natural timescale of the problem and imply thousands of atomic collisions). This behaviour is understood by noting that the systems, in the limit of infinitely-strong interactions, is best described as a Tonks-Girardeau gas [6,7], which is an integrable model, i.e., it features an extensive number of *conserved charges*. These are operators,  $\hat{M}_k$ , that commute with the system's Hamiltonian,  $[\hat{H}, \hat{M}_k] = 0$  ( $k = 1, \dots, N_{\text{cons}}$ ). In this limit of strong interactions, one can calculate the expectation values of few-body observables after relaxation by describing the relaxed state of the system by a generalization of the Gibbs ensemble (GGE) [8], see Eq. (1). In the conditions of isolation in which the experiment occurs, the system is unable to change the value of these charges, which effectively precludes relaxation to a Gibbs equilibrium state [5,8].

More recently, Schmiedmayer *et al.* have presented a series of experiments on similar 1D Bose gases [9–12] (see also [13,14]). By subjecting the system to quenches, they explored the emergence, at long but intermediate timescales, of a (pre-)thermalised state, which is determined by the values of the conserved charges at the start of the evolution. These experiments brought to light the need to include information on the charges in the description of the *equilibrium* state of a quantum many-body system, when the system's Hamiltonian supports them. These findings are in agreement with very general theoretical principles from quantum thermodynamics [8,15,16], that demand that the equilibrium state of such a system be described by a density matrix of the form of the generalised Gibbs ensemble (GGE), namely

$$\rho_{\text{GGE}} = \exp\left(-\beta\hat{H} - \sum_k \beta_k \hat{M}_k\right) / Z_{\text{GGE}}, \quad (1)$$

$$Z_{\text{GGE}} \equiv Z_{\text{GGE}}(\hat{H}, \beta, \{\hat{M}_k, \beta_k\}) = \text{tr} \left[ \exp\left(-\beta\hat{H} - \sum_k \beta_k \hat{M}_k\right) \right]. \quad (2)$$

Here,  $\beta$  is the usual inverse temperature, while  $\{\beta_k\} (k = 1, \dots, N_{\text{cons}})$  are called generalised inverse temperatures.

The fact that the equilibrium state is of the GGE form has implications for the expectation values of measurements done on the system in equilibrium, as has been extensively analysed with numerical simulations on a range of models [8,17–21]. It is more difficult to make generic statements on the implications of the charges on *non-equilibrium* measurements of a quantum many-body system. A milestone result in classical non-equilibrium thermodynamics is the discovery of exact relations between equilibrium and non-equilibrium measurements, starting with the theorems on the large fluctuations of entropy production in fluids under shear stress [22–24], and including the Jarzynski equation between work and free energy [25].

Several authors have derived analogous relations, dubbed *quantum fluctuations relations* (QFRs), for closed quantum systems, assuming their state at the start of the process is of the

62 standard Gibbs form:

$$\rho_{\text{Gibbs}} = \exp(-\beta\hat{H})/Z, \quad Z \equiv Z(\hat{H}, \beta) = \text{tr}[\exp(-\beta\hat{H})]. \quad (3)$$

63 More recently, the present authors have generalised these QFRs to the case that the equilibrium  
64 state is of the GGE form and for an arbitrary number of charges for the initial and final states,  
65 thus notably expanding the range of non-equilibrium problems that can be tackled [26]. In  
66 particular, our formalism is explicitly able to deal with processes where the number of charges  
67 of the initial and final Hamiltonians differ (cf. [27]), and thus enables one to address funda-  
68 mental open questions on the thermalization of integrable systems when perturbed away from  
69 integrability [5, 9, 11, 28, 29].

70 An important question that remained unanswered in [26] was: how sensitive are the gen-  
71 eralised QFRs to the initial state not being a perfect GGE? In other words: if we have a system  
72 with charges, and can only generate an imperfect equilibrium state that is only approximately  
73 given by Eq. (1), will non-equilibrium measurements be able to distinguish this from a ‘simple’  
74 Gibbs state (3)? In this contribution, we provide numerical evidence supporting an affirmative  
75 answer to this question.

## 76 2 Review of generalized quantum fluctuation relations

77 We start by briefly reviewing the main results in Ref. [26], in particular the generalised ver-  
78 sions of the quantum Jarzynski [30–32] and Tasaki-Crooks [33] relations. In analogy to the  
79 derivations of the standard QFRs [30–33], we consider an initial equilibrium state. In agree-  
80 ment with Jaynes’ information-theory formulation of statistical mechanics, if the Hamiltonian  
81 features some charges  $\hat{M}_k$ , this initial equilibrium state will be of the GGE form (1), with the set  
82 of generalised inverse temperatures  $\vec{\beta} = \{\beta, \{\beta_k\}\}$  determined by requiring that the following  
83 equalities on expectation values are satisfied:

$$\text{tr}[\rho_{\text{GGE}}(\vec{\beta})\hat{H}] = \bar{E} \quad (4)$$

$$\text{tr}[\rho_{\text{GGE}}(\vec{\beta})\hat{M}_k] = \bar{M}_k, \quad k = 1, \dots, N_{\text{cons}}. \quad (5)$$

84 Here,  $\bar{E}$  is the energy of the initial state, and  $\bar{M}_k$  the expectation value of operator  $\hat{M}_k$  in the  
85 initial state.

86 We then submit the system to an out-of-equilibrium process by changing its Hamiltonian  
87 from the initial value  $\hat{H}$  to some new final Hamiltonian  $\hat{H}'$ . In general, we expect the set of  
88 operators that commute with  $\hat{H}'$  to be different from that of charges of  $\hat{H}$ , and we label the  
89 latter  $\hat{M}'_k$ ,  $[\hat{H}', \hat{M}'_k] = 0$  ( $k = 1, \dots, N'_{\text{cons}}$ ).

90 To quantify the amount of energy, and the energy fluctuations, imparted on the system  
91 by this process, we consider a generalised version of the two-energy-projection measurement  
92 (TPM) protocol [34], as introduced in [26]:

93 1. At time  $t = 0$ , we project the initial state onto the basis of eigenstates of the ini-  
94 tial Hamiltonian,  $|n, i_1, \dots, i_{N_{\text{cons}}}\rangle$ , with the spectral decomposition of the Hamiltonian  
95  $\hat{H}|n, i_1, \dots, i_{N_{\text{cons}}}\rangle = E_n|n, i_1, \dots, i_{N_{\text{cons}}}\rangle$ , and that for the charges,  $\hat{M}_k|n, i_1, \dots, i_{N_{\text{cons}}}\rangle =$   
96  $M_{k, i_k}|n, i_1, \dots, i_{N_{\text{cons}}}\rangle$ . In other words,  $n$  stands for the quantum number that identifies  
97 the energy eigenvalue,  $E_n$ , while  $i_k$  is the quantum number labelling the eigenvalues,  
98  $M_{k, i_k}$ , of the charge operator  $\hat{M}_k$ . We obtain a definite value for the energy,  $\mathcal{E}_{\text{ini}} \in \{E_n\}$ ,  
99 and the other charges,  $\mu_{k, \text{ini}} \in \{M_{k, i_k}\}$  ( $k = 1, \dots, N'_{\text{cons}}$ ).

100 2. Next, we drive the system out of equilibrium by steering its Hamiltonian,  $\hat{H} \mapsto \hat{H}(t)$ , for  
101 times  $0 < t < t_{\text{fin}}$ . We impose no limitation in the form of the time dependence. This

102 driving defines a unitary time-evolution operator  $U(t)$  that is the solution of  $i\hbar\partial_t U(t) =$   
 103  $\hat{H}(t)U(t)$ , with  $U(0) = \mathbb{I}$ , the identity operator in the system's Hilbert space.

104 3. Finally, at time  $t = t_{\text{fin}}$ , we project the system on the eigenbasis of the final Hamil-  
 105 tonian,  $\hat{H}' = \hat{H}(t_{\text{fin}})$ ,  $\left| m', i'_1, \dots, i'_{N'_{\text{cons}}} \right\rangle$ , with  $\hat{H}' \left| m', i'_1, \dots, i'_{N'_{\text{cons}}} \right\rangle = E'_m \left| m', i'_1, \dots, i'_{N'_{\text{cons}}} \right\rangle$ ,  
 106 and the corresponding charges,  $\hat{M}'_k \left| m', i'_1, \dots, i'_{N'_{\text{cons}}} \right\rangle = M'_{k,i_k} \left| m', i'_1, \dots, i'_{N'_{\text{cons}}} \right\rangle$ . This gives  
 107 definite values for the final energy,  $\mathcal{E}_{\text{fin}} \in \{E'_m\}$ , and the other charges,  $\mu_{k,\text{fin}} \in \{M'_{k,i_k}\}$   
 108 ( $k = 1, \dots, N'_{\text{cons}}$ ).

109 Together with this 'forward' (FW) protocol, we consider a twin protocol, that starts at time  
 110  $t = 0$  with the system in the GGE equilibrium state of the Hamiltonian  $\hat{H}'$  and changes it  
 111 into  $\hat{H}$  following the time-reversed evolution, i.e., with the unitary  $U^{-1}(t)$ . Note that the  
 112 initial state of this 'backward' (BW) protocol will have associated in general a different set of  
 113 generalised inverse temperatures,  $\vec{\beta}' = \{\beta', \{\beta'_k\}\}$ . We define the work,  $w$ , and generalised  
 114 work,  $\mathcal{W}$ , done on the system after a single run of these protocols as:

$$w = \mathcal{E}_{\text{fin}} - \mathcal{E}_{\text{ini}} \quad (6)$$

$$\mathcal{W} = \left( \beta' \mathcal{E}_{\text{fin}} + \sum_k \beta'_k \mu_{k,\text{fin}} \right) - \left( \beta \mathcal{E}_{\text{ini}} + \sum_k \beta_k \mu_{k,\text{ini}} \right) \quad (7)$$

115 These are stochastic quantities, as they depend on the result of projective measurements at  
 116 the start and end of the process. The Tasaki-Crooks relation [33] is the following relationship  
 117 between the probability distribution functions (PDFs) of the variable  $w$  in the FW and BW  
 118 processes:

$$\frac{P_{\text{FW}}(w)}{P_{\text{BW}}(-w)} e^{-\beta w} = \frac{Z(\hat{H}', \beta')}{Z(\hat{H}', \beta)} \equiv \exp(-\beta \Delta F), \quad (8)$$

119 where  $\Delta F = Z(\hat{H}', \beta')/Z(\hat{H}', \beta)$  is the difference in free energies between the two *equilibrium*  
 120 states, with the partition functions defined as in Eq. (3). By multiplying both sides of (8) by  
 121  $P_{\text{BW}}(-w)$  and integrating over  $w$  one retrieves the quantum Jarzynski equality [30–32]:

$$\langle \exp(-\beta w) \rangle = \exp(-\beta \Delta F) \quad (9)$$

122 where  $\langle \cdot \rangle$  stands for an average over many runs of the protocol. Eqs. (8) and (9) hold when  
 123 the initial state is of the form of a Gibbs state, Eq. (3).

124 In Ref. [26] we have shown that when the initial state is of the form of the GGE form,  
 125 Eq. (3), the PDF of of generalised work,  $\mathcal{W}$ , satisfies instead a generalised Tasaki-Crooks rela-  
 126 tion that reads:

$$\frac{P_{\text{FW}}(\mathcal{W})}{P_{\text{BW}}(-\mathcal{W})} e^{-\mathcal{W}} = \frac{Z_{\text{GGE}}(\hat{H}', \beta', \hat{M}'_k, \beta'_k)}{Z_{\text{GGE}}(\hat{H}, \beta, \hat{M}_k, \beta_k)} \equiv \exp(-\Delta \mathcal{F}), \quad (10)$$

127 with the partition functions in the GGE,  $Z_{\text{GGE}}$ , defined in (1), and  $\Delta \mathcal{F} = \mathcal{F}' - \mathcal{F}$  the differ-  
 128 ence in generalised (dimensionless) free energy functions,  $\mathcal{F} = -\ln Z_{\text{GGE}}$  and  $\mathcal{F}' = -\ln Z'_{\text{GGE}}$ .  
 129 Analogously to above, if we multiply both sides of Eq. (10) by  $\mathcal{P}_{\text{BW}}(-\mathcal{W})$  and integrate over  
 130  $\mathcal{W}$ , we obtain the following equality:

$$\langle \exp(-\mathcal{W}) \rangle = \exp(-\Delta \mathcal{F}). \quad (11)$$

131 This is the generalised quantum Jarzynski equality [26].

### 132 3 Testing the generalized QFRs with an imperfect GGE

#### 133 3.1 Dicke model

134 In Ref. [26] we presented extensive numerical results testing both the standard, Eqs. (8)  
 135 and (9), and generalised QFRS, Eqs. (10) and (11). We found that when the initial state  
 136 of either one or both initial equilibrium states in the FW and BW processes is not of the Gibbs  
 137 form but a GGE, the standard relations fail, while the generalised ones are satisfied perfectly.

138 Here, we consider a more general question, which is to what extent it is necessary for the  
 139 system to be in a perfect GGE equilibrium state for the generalised QFRs to provide a good  
 140 prediction for the statistics of generalised work in out-of-equilibrium processes.

141 To this end, following Ref. [26], we consider a system composed of  $N$  two-level systems,  
 142 with energy splitting  $\omega_{\text{at}}$ , coupled with equal strength  $g$  to a bosonic field of frequency  $\omega_{\text{b}}$ ,  
 143 i.e., the  $N$ -particle Dicke model [35–37]. We write the Hamiltonian describing this system in  
 144 the form [38–41]:

$$H = \hbar\omega_{\text{b}}\hat{b}^\dagger\hat{b} + \hbar\omega_{\text{at}}\hat{J}_z + \frac{2g}{\sqrt{N}}\left[(1-\alpha)(\hat{J}_+\hat{b} + \hat{J}_-\hat{b}^\dagger) + \alpha(\hat{J}_+\hat{b}^\dagger + \hat{J}_-\hat{b})\right] \quad (12)$$

145 where  $\hat{b}^\dagger$  and  $\hat{b}$  are the operators creating and annihilating excitations in the bosonic field,  
 146 and  $\hat{J}_s$  ( $s = z, +, -$ ) are Schwinger spin operators describing the collective internal state of the  
 147 two-level systems, with  $J = N/2$ . This model was introduced to describe the coupling of atoms  
 148 to light fields [35]. More recently, it has been implemented in systems of trapped ions [41].

149 In Eq. (12) we have introduced  $g$ , the coupling strength between two-level systems and  
 150 the boson field, and the parameter  $0 \leq \alpha \leq 1$ . When  $\alpha = 0$  or  $\alpha = 1$ , the Dicke Hamiltonian  
 151 reduces to the Tavis-Cummings model, which is integrable and has an additional conserved  
 152 quantity, the total number of excitations in the system,  $\hat{M} = \hat{J} + \hat{J}_z + \hat{b}^\dagger\hat{b}$ ; otherwise, for  
 153  $0 < \alpha < 1$ , the model is in the chaotic regime [26, 38–40, 42]. Thus, we can analyse the  
 154 behaviour of this system in the integrable and non-integrable limits simply by considering  
 155 cases with  $\alpha \in \{0, 1\}$  and  $\alpha \notin \{0, 1\}$ , respectively. In Ref. [26] we have discussed how this  
 156 tuning can be accomplished in trapped-ion setups by controlling the intensity of the light fields  
 157 implementing the red- and blue-sideband transitions with respect to the centre-of-mass mode,  
 158 that plays the role of the bosonic field,  $\hat{b}$ .

#### 159 3.2 Numerical results

160 Our numerical studies testing the standard and generalised QFRS in Ref. [26] were obtained  
 161 assuming that the system is initially equilibrated, and hence perfectly described by either a  
 162 Gibbs, with inverse temperature  $\beta$ , or a GGE density matrix, with two generalised tempera-  
 163 tures,  $\beta$  and  $\beta_M$ . A recent work by one of us [42] shows that the usual concept of thermalisa-  
 164 tion—the equivalence between microcanonical ensemble and long-time averages of physical  
 165 observables—is not always enough to guarantee the applicability of standard quantum fluc-  
 166 tuation relations. Here, we show that our generalised QFRs are robust and provide a good  
 167 description of non-equilibrium processes starting from real equilibrium states in integrable  
 168 systems.

169 To tackle this question we design the following protocol:

- 170 1. We start from a thermal Gibbs state, with  $\beta = 0.02$ , in a chaotic configuration of the  
 171 Dicke model, with  $\alpha = 1/2$  and  $g = \epsilon_0$ , being  $\epsilon_0$  the energy scale of the problem.<sup>1</sup>

<sup>1</sup>In our numerical calculations, we set  $N = 7$ ,  $\hbar\omega_{\text{b}} = 3\epsilon_0$ ,  $\hbar\omega_{\text{at}} = 10\epsilon_0$ , and include up to  $n = 800$  in the bosonic field. As the dimension of the bosonic Hilbert space is actually infinite, this high number has been chosen

- 172 2. We perform the forward protocol directly quenching the system onto an integrable con-  
 173 figuration, with  $\alpha = 0$  and  $g = 6\epsilon_0$ , i.e., the time-dependence of the Hamiltonian pa-  
 174 rameters reads

$$\alpha(t) = \begin{cases} 1/2 & t < 0 \\ 0 & t \geq 0 \end{cases}, \quad \text{and} \quad g(t) = \begin{cases} \epsilon_0 & t < 0 \\ 6\epsilon_0 & t \geq 0 \end{cases}$$

175 We emphasize that our generalised QFRs do not depend on this specific choice of time  
 176 dependence, and we have chosen it for computational convenience. Other variations of  
 177  $(\alpha, g)$  with the same initial and final values would render the same results on the left-  
 178 and right-hand sides of Eqs. (10) and (11), see [26].

- 179 3. We perform the backward protocol from the resulting state<sup>2</sup>.

180 We calculate statistics of work for the forward process —i.e., the PDFs  $P_{\text{FW}}(w)$  and  $P_{\text{FW}}(\mathcal{W})$ —  
 181 from steps 1-2, and for the backward process from steps 2-3. We compare these statistics of  
 182 work with two reference distributions: a GGE with the values  $\beta$  and  $\beta_M$  obtained from least-  
 183 square fits of the actual time-evolved state after step 2 to the expected values of  $\langle \hat{H} \rangle$  and  $\langle \hat{M} \rangle$ ;  
 184 and a standard Gibbs ensemble, with  $\beta$  obtained from a least-square fit to the expected value  
 185 of  $\langle \hat{H} \rangle$ .

186 It is worth noting that this protocol challenges our QFRs in the most demanding scenario.  
 187 When describing the initial equilibrium state by means of a GGE, both the number of conserved  
 188 charges and the values of the generalised temperatures are different from the ones in the state  
 189 from which the forward protocol starts. In the other case, when a standard Gibbs ensemble is  
 190 taken as a reference, the number of charges is the same —just the Hamiltonian itself—, but  
 191 the values of the temperatures are different.

192 Results are summarized in Fig. 1. Panels (a) and (c) show that the equilibrium state after  
 193 the forward protocol is pretty well described by means of a GGE with  $\beta = 2.76 \cdot 10^{-3}$  and  $\beta_M =$   
 194  $1.41 \cdot 10^{-1}$  (see the caption for more details), and poorly described by means of a standard  
 195 Gibbs ensemble with  $\beta = 6.02 \cdot 10^{-3}$ . As the quench ends in an integrable configuration, the  
 196 role of the conserved charge  $\hat{M}$  is essential to properly describe the equilibrium state.

197 Fig. 1(b) and (d) summarize the results testing the Tasaki-Crooks relation and its gener-  
 198 alised version. Fig. 1(b) shows that the generalised version, Eq. (10), accounts for the statistics  
 199 of the generalised work,  $\mathcal{W}$ , with high precision. Only two points around  $\mathcal{W} \approx 1.2$  are overes-  
 200 timated by the formula. This reinforces the former conclusion stating that the GGE provides  
 201 a very accurate picture of the state after the forward part of the protocol. Our results point  
 202 out that this is true, not only for expectation values of physical observables in equilibrium, but  
 203 also for the statistics of work and other conserved charges in non-equilibrium processes.

204 In contrast to this, Fig. 1(d) clearly shows that the standard version of the Tasaki-Crooks  
 205 relation, Eq. (8), fails to account for the statistics of work. This fact is directly linked to the  
 206 results shown in Fig. 1(c): As the occupation probabilities after the forward part of the protocol  
 207 are not well described by a standard Gibbs ensemble, the statistics of work resulting from such  
 208 a state does not follow the standard Tasaki-Crooks relation.

to guarantee that all the Fock states with non-zero occupation probability are included in our simulations. In an experimental implementation of the Dicke model with trapped ions [26, 41, 43], the energy scale can be fixed to be of the order of the trapping frequency,  $\epsilon_0 = h \times 1$  MHz (with  $h$  Planck's constant) [41, 43–45].

<sup>2</sup>To be sure that we start from an equilibrium state, we must let the system relax in the final Hamiltonian,  $\alpha = 0$  and  $g = 6\epsilon_0$ , before starting the backward part of the protocol. However, this relaxation time is irrelevant for our numerical simulation. All our results are based on the two-projective measurement scheme. Hence, if the actual state of the system at a certain time  $t$  is  $|\Psi(t)\rangle = \sum_n C_n(t) |\Phi_n\rangle$ , where  $|\Phi_n\rangle$  are the eigenfunction of the Hamiltonian, only the square moduli of the coefficients,  $|C_n|^2$ , are relevant. Therefore, the dephasing introduced by the relaxation procedure does not play any role in the results.

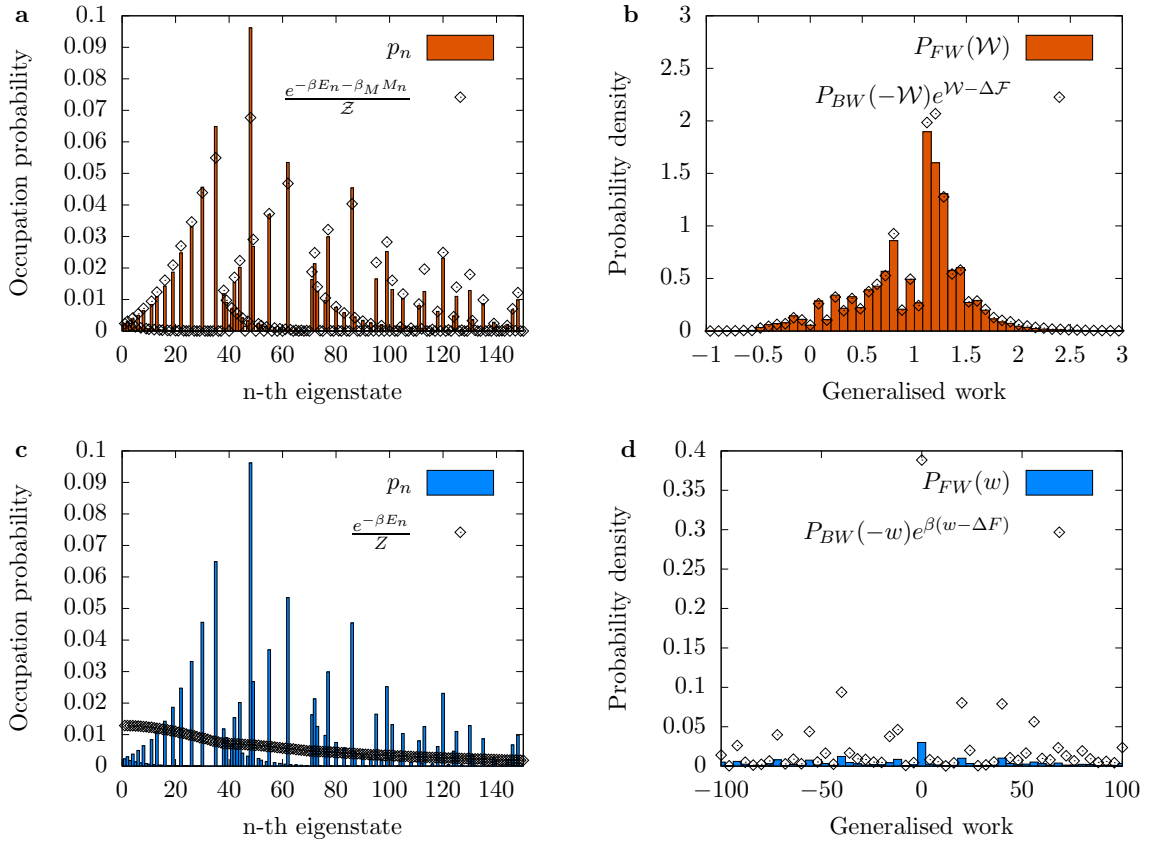


Figure 1: Panels (a) and (c) compare the numerical results for the occupation numbers in the state after the forward quench (solid histograms) with the reference distributions (diamonds). In panel (a), the reference distribution is a GGE with  $\beta = 2.76 \cdot 10^{-3}$  and  $\beta_M = 1.41 \cdot 10^{-1}$  (values obtained from a least-square fit to the values of  $\langle \hat{H} \rangle$  and  $\langle \hat{M} \rangle$ ). In panel (c), the reference distribution is a standard Gibbs with  $\beta = 6.02 \cdot 10^{-3}$  (value obtained from a least-square fit to the value of  $\langle \hat{H} \rangle$ ). Panels (b) and (d) show the results for the (generalised version of) the Tasaki-Crooks theorem. Results for the forward distributions are displayed with solid histograms, and results for the backwards, together with the factors  $e^{W-\Delta F}$  or  $e^{\beta(w-\Delta F)}$ , with diamonds. Panel (b) refers to the GGE case, and panel (d) to the standard Gibbs ensemble.

## 209 4 Conclusion

210 In summary, we have presented generalized versions of the Tasaki-Crooks and Jarzynski quantum  
 211 fluctuation relations, that are suitable to study the out-of-equilibrium dynamics of systems  
 212 with an arbitrary, possibly time-dependent, number of charges [26]. These exact relations as-  
 213 sume that the state of the quantum system at the start of the out-of-equilibrium process is  
 214 of the form of the generalized Gibbs ensemble, in accordance with very general principles of  
 215 quantum statistical mechanics.

216 In this contribution, we have tested the validity of our generalised QFRs [26] to a more  
 217 stringent test by considering a more realistic situation, in which the system is not allowed an  
 218 infinite time to relax to its equilibrium state in contact to baths. Our robust numerical cal-  
 219 culations support that, when the Hamiltonian describing the system has conserved charges,  
 220 the statistics of work produced by a non-equilibrium process that starts from such a realistic

221 equilibrium state cannot be described by using the standard QFRs (which disregard the ef-  
222 fect of charges). On the contrary, work statistics is accurately described by our generalised  
223 QFRs, Eqs. (10)-(11). This points to the importance of the role of charges in realistic non-  
224 equilibrium processes, such as equilibration in quasi-integrable systems [28], and dissipation  
225 and relaxation in driven systems with conservation laws [46,47]. A case of particular theoret-  
226 ical interest for future exploration arises when the charges supported by the Hamiltonian do  
227 not commute with each other [29, 48–51]. Our results also call attention to the relevance of  
228 charges in the work statistics of realistic cyclic processes where the system is driven to an inter-  
229 mediate state with charges, an issue that may be exploited to design more efficient quantum  
230 engines [52–55].

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