

Bounds on quantum Fisher information and uncertainty relations for thermodynamically conjugate variables

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Abstract

Uncertainty relations represent a foundational principle in quantum mechanics, imposing inherent limits on the precision with which *mechanically* conjugate variables such as position and momentum can be simultaneously determined. This work establishes analogous relations for *thermodynamically* conjugate variables — specifically, a classical intensive parameter θ and its corresponding extensive quantum operator \hat{O} — in equilibrium states. We develop a framework to derive a rigorous thermodynamic uncertainty relation for such pairs, where the uncertainty of the classical parameter θ is quantified by its quantum Fisher information \mathcal{F}_θ . The framework is based on an exact integral representation that relates \mathcal{F}_θ to the autocorrelation function of operator \hat{O} . From this representation, we derive a tight upper bound for the quantum Fisher information, which yields a thermodynamic uncertainty relation: $\Delta\theta \overline{\Delta O} \geq k_B T$ with $\overline{\Delta O} \equiv \partial_\theta \langle \hat{O} \rangle$ and T is the system temperature. The result establishes a fundamental precision limit for quantum sensing and metrology in thermal systems, directly connecting it to the thermodynamic properties of linear response and fluctuations.

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Publication information to appear upon publication.

Received Date

Accepted Date

Published Date

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17 1 Introduction

18 Uncertainty relations constitute a fundamental cornerstone of quantum mechanics. They im-
 19 pose intrinsic limits on the precision with which multiple non-commuting observables can be
 20 simultaneously determined. The canonical formulation is the Heisenberg-Robertson uncer-
 21 tainty relation, which applies to any pair of Hermitian operators [1–4]. For *mechanically*
 22 conjugate variables such as position x and momentum p , it yields Heisenberg’s well-known
 23 inequality $\Delta x \Delta p \geq \frac{\hbar}{2}$ [2, 3, 5]. The framework naturally extends to other conjugate pairs
 24 like angle and angular momentum¹, the phase and the particle number of a Bose-Einstein
 25 condensate [8].

26 Notably, the concept of conjugate pairs extends beyond the field of (quantum) mechanics.
 27 For instance, *thermodynamically* conjugate pairs emerge naturally in the study of thermody-
 28 namic potentials for equilibrium systems [9]. Thermodynamically conjugate quantities, such
 29 as the magnetization M and magnetic field h in a spin system, manifest properties analogous
 30 to those of mechanically conjugate quantities like x and p . Specifically, both (M, h) and (x, p)
 31 are related by the Legendre transformations of their corresponding thermodynamic potential
 32 and Lagrangian/Hamiltonian.

33 This work aims to shed light on the question of whether the quantum mechanical un-
 34 certainty relation can also be extended to thermodynamically conjugate pairs. The primary
 35 difficulty in such a generalization arises from the inapplicability of the Heisenberg-Robertson
 36 formalism to thermodynamic conjugate variables. It stems from a fundamental conceptual
 37 distinction: one such variable (e.g., magnetic field h) typically represents a classical intensive
 38 quantity, whereas its conjugate counterpart (e.g., magnetization M) constitutes the expecta-
 39 tion value of an extensive operator. Consequently, even when considering a quantum many-
 40 body system, the definition of uncertainty or fluctuation for the classical intensive quantity
 41 remains unclear.

42 Many attempts have been made to address this conceptual challenge. Previous research
 43 has drawn upon thermodynamic fluctuation theory [9–12] to characterize statistical variations
 44 in thermodynamic quantities. More recently, an information-theoretic framework [13–27] has
 45 been developed, which provides the conceptual basis for the present work. The framework
 46 adheres to the principle analogous to the original one proposed by Heisenberg. Specifically,
 47 despite the fixed nature of the classical intensive quantity, its experimental measurement inher-
 48 ently introduces uncertainty through two mechanisms: the statistical fluctuation inherent in

¹It is worth noting that because of the compact nature of the eigenvalue of an angular variable, the angle-
 angular momentum uncertainty relation is more subtle than the usual position-momentum uncertainty relation,
 even though the two pairs share similar commutation relations. Yet, it is still possible to derive a generalized
 uncertainty relation for a pair of conjugate angle and angular momentum by considering the uncertainty of $f(\hat{\theta})$
 rather than of the angle operator $\hat{\theta}$ itself, where f is some continuous periodic function with period 2π . See
 Ref. [6, 7] for more details.

the thermal ensemble, and the quantum mechanical uncertainty associated with the measurement itself. The measurement uncertainty of the classical quantity — denoted as θ hereafter — can be quantified by the variance of its estimator $\Delta\theta^2$, which is governed by the quantum Cramér-Rao inequality [28–30]²,

$$\Delta\theta^2 \geq \mathcal{F}_\theta^{-1}. \quad (1)$$

Here, \mathcal{F}_θ is the so-called quantum Fisher information of the system and can be uniquely determined by system's density matrix $\hat{\rho}_\theta$.

Quantum Fisher information has been extensively investigated in the context of precision measurement [31–40], wherein the measured (classical) quantity θ is incorporated into the out-of-equilibrium evolution of a density matrix parameterized by θ . While in this work, as we focus on thermal equilibrium systems, the parameter θ is encoded in the equilibrium density matrix through a θ -dependent Hamiltonian $\hat{H}(\theta)$. In the following, we consider a Gibbs ensemble with inverse temperature β , as in Ref. [41, 42]

$$\hat{\rho}_\theta = \frac{e^{-\beta\hat{H}(\theta)}}{\text{Tr}[e^{-\beta\hat{H}(\theta)}]}. \quad (2)$$

The thermodynamic variable that conjugates to parameter θ is thus the thermal average (expectation value) of quantum operator $\hat{O} \equiv \partial_\theta \hat{H}(\theta)$ [9]. Interestingly, it has been proved that the variance of the conjugate operator \hat{O} gives a natural upper bound on the quantum Fisher information \mathcal{F}_θ , i.e., $\mathcal{F}_\theta \leq \beta^2 \langle (\Delta\hat{O})^2 \rangle$, where $\Delta\hat{O} = \hat{O} - \langle \hat{O} \rangle$ and the brackets denote the combined quantum and thermal average, $\langle \cdot \rangle = \text{Tr}[\hat{\rho}_\theta(\cdot)]$ [41, 42]. The upper bound together with the Cramér-Rao inequality in Eq. (1) naturally leads to a thermodynamic uncertainty relation,

$$\Delta\theta \Delta O \geq 1/\beta, \quad (3)$$

where we have defined the observable's standard deviation as $\Delta O \equiv \sqrt{\langle (\Delta\hat{O})^2 \rangle}$.

In this work, we establish a new framework for deriving (tighter) upper- and lower-bounds of the quantum Fisher information \mathcal{F}_θ by relating it to the fluctuation spectrum of the conjugate operator \hat{O} . The foundation of this framework is an exact integral representation for the quantum Fisher information,

$$\mathcal{F}_\theta = \frac{2}{\pi} \int_{-\infty}^{+\infty} d\omega \tanh^2\left(\frac{\beta\omega}{2}\right) \frac{1}{\omega^2} S(\omega), \quad (4)$$

where $S(\omega)$ is the autocorrelation function of the conjugate observable \hat{O} . The formula links the metrological uncertainty in the classical thermal variable θ (quantified by \mathcal{F}_θ) with the intrinsic fluctuations spectrum ($S(\omega)$) of its conjugate observable \hat{O} . By relaxing the integral kernel of this formula, we derive a new chain of inequalities that universally bounds \mathcal{F}_θ , i.e.,

$$\frac{(\partial_\theta \langle \hat{O} \rangle)^2}{\langle (\Delta\hat{O})^2 \rangle} \leq \mathcal{F}_\theta \leq \beta \partial_\theta \langle \hat{O} \rangle \leq \beta^2 \langle (\Delta\hat{O})^2 \rangle. \quad (5)$$

Here, we highlight three significant features of this chain of inequalities. First, the last inequality recovers the previously mentioned variance upper bound for the quantum Fisher information proved in Refs. [41, 42]. Second, it introduces a new upper bound related to the thermodynamic susceptibility $\partial_\theta \langle \hat{O} \rangle$, which provides a strictly tighter constraint than the variance bound. Third, the two upper bounds and the lower bound of \mathcal{F}_θ (respectively denoted by UB_2 , UB_1 , LB in the descending order hereafter) are connected by the following equality,

²Note that the standard Cramér-Rao bound is expressed as $\Delta\theta^2 \geq \frac{1}{n} \mathcal{F}_\theta^{-1}$, where n represents the number of measurements. In this work, we focus on the single-shot limit, which corresponds to setting $n = 1$.

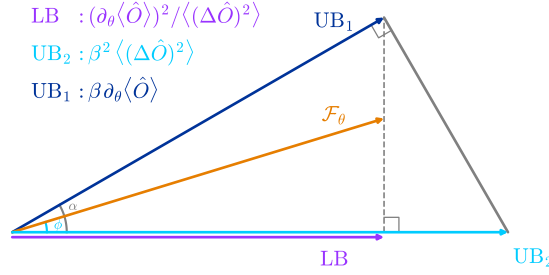


Figure 1: Schematic illustration of the chain inequality $LB \leq \mathcal{F}_\theta \leq UB_1 \leq UB_2$. The diagram highlights that these bounds are not independent, the tighter upper bound (UB_1) is the geometric mean of the lower bound (LB) and the conventional variance bound (UB_2), satisfying $UB_1^2 = UB_2 \times LB$.

83 $UB_1^2 = UB_2 \times LB$. It indicates that UB_1 is the geometric mean of UB_2 and LB, and allows us to
 84 represent Eq. (5) geometrically as illustrated in Fig. 1.

85 In the following, we first present the proof of the main formula represented in Eq. (4).
 86 The approach involves establishing a relationship between the quantum Fisher information
 87 \mathcal{F}_θ of an equilibrium system at and the imaginary part of its response function χ_θ (i.e., the
 88 dissipation) when perturbed by the classical variable θ . Crucially, for thermally equilibrium
 89 systems, the dissipation of θ can be related to the fluctuation spectrum of the conjugate op-
 90 erator \hat{O} through the fluctuation-dissipation theorem, which proves Eq. (4). Building on this
 91 result, we establish both upper and lower bounds for \mathcal{F}_θ (Eq. (5)) and examine the result-
 92 ing thermodynamic uncertainty relations. The theoretical framework is subsequently tested
 93 through numerical simulations using an equilibrium system of a one-dimensional spin chain
 94 undergoing a quantum phase transition.

95 2 Integral Representation of the Quantum Fisher Information

96 We start with the formula of the quantum Fisher information \mathcal{F}_θ of a general density matrix
 97 $\hat{\rho}_\theta$ [30, 43, 44]

$$\mathcal{F}_\theta = \sum_n \frac{(\partial_\theta p_n)^2}{p_n} + \sum_{m \neq n} \frac{2(p_m - p_n)^2}{p_m + p_n} |\langle n | \partial_\theta m \rangle|^2, \quad (6)$$

98 where $|n\rangle$ and p_n are eigenstate and eigenvalue of $\hat{\rho}_\theta$.

99 For a Gibbs ensemble as specified in Eq. (2), the density matrix can be diagonalized si-
 100 multaneously with the Hamiltonian, hence $|n\rangle$ is an eigenstate of \hat{H} and $p_n = e^{-\beta E_n} / \sum_n e^{-\beta E_n}$
 101 with E_n being the eigen-energy of $|n\rangle$. As previously established, when the Hamiltonian is
 102 parameterized by a classical quantity θ , $(\theta, \hat{O}) = (\theta, \partial_\theta \hat{H})$ constitute a pair of thermodynam-
 103 ically conjugate variables. Several established examples include the chemical potential and
 104 particle number (μ, \hat{N}) , the magnetic field and total magnetization (h, \hat{M}) , the inverse scatter-
 105 ing length and Tan's contact $(1/a_s, \hat{C})$, and the squared relative velocity and superfluid density
 106 $(w^2, \hat{\rho}_s)$ [9, 44–46]. We note that in each of these pairs, the first component represents a fixed
 107 intensive classical parameter, while the other corresponds to a fluctuating extensive quantum
 108 operator.

109 Under the above setup, Eq. (6) can be simplified by utilizing the Hellmann-Feynman the-

110 orem and the first-order perturbation theory (see Appendix A), which leads to

$$\mathcal{F}_\theta = \beta^2 \sum_n p_n (O_{nn} - \langle \hat{O} \rangle)^2 + 2 \sum_{E_m \neq E_n} \frac{(p_m - p_n)^2}{p_m + p_n} \frac{1}{(E_m - E_n)^2} |O_{mn}|^2 \quad (7)$$

111 with $O_{mn} \equiv \langle m | \hat{O} | n \rangle$ being the matrix element of \hat{O} (in the basis of \hat{H}). We note that the
 112 expression for the quantum Fisher information in Eq. (7) naturally separates into two distinct
 113 contributions. The first term admits an alternative form, i.e., $\sum_n (\partial_\theta p_n)^2 / p_n$, whose nature
 114 is purely statistical under the interpretation of $\{p_n\}$ as a classical distribution³. In contrast,
 115 the second term is purely quantum in origin, arising from the non-commutative nature of the
 116 operator \hat{O} with the Hamiltonian \hat{H} .

117 From a physical perspective, the quantum Fisher information \mathcal{F}_θ quantifies the amount
 118 of information about the thermal variable θ carried by the equilibrium ensemble $\hat{\rho}_\theta$, which
 119 implies that it is closely related to the *response* of the system followed by a perturbation in
 120 θ . Indeed, it can be demonstrated that \mathcal{F}_θ can be expressed in terms of the Kubo response
 121 function $\chi(\omega)$ through⁴

$$\mathcal{F}_\theta = \beta^2 \sum_n p_n (O_{nn} - \langle \hat{O} \rangle)^2 + \frac{2}{\pi} \int_{-\infty}^{+\infty} d\omega \tanh\left(\frac{\omega\beta}{2}\right) \frac{1}{\omega^2} \text{Im}[\chi(\omega)]. \quad (8)$$

122 The formula can be proved by noting the resemblance between Eq. (7) and the Lehmann
 123 representation of the response function $\chi(\omega)$, i.e., [47]

$$\chi(\omega) = \lim_{\eta \rightarrow 0^+} \sum_{mn} \left[-\frac{p_m}{\omega + E_m - E_n + i\eta} + \frac{p_n}{\omega + E_m - E_n + i\eta} \right] |O_{mn}|^2. \quad (9)$$

124 Take the imaginary (i.e., the dissipation) part of the equation, one has

$$\text{Im}[\chi(\omega)] = \sum_{E_m \neq E_n} (p_m - p_n) \pi \delta(\omega + E_m - E_n) |O_{mn}|^2. \quad (10)$$

125 Substituting this expression into Eq. (8) recovers Eq. (7), thus proves Eq. (8).

126 To establish a thermodynamic uncertainty relation, we seek to connect the quantum Fisher
 127 information for the variable θ with a measure of uncertainty for its conjugate quantity \hat{O} .
 128 This can be achieved by recognizing that the integration on the right-hand side of Eq. (8)
 129 represents a weighted average of the operator \hat{O} 's dissipative response $\text{Im}[\chi(\omega)]$. It is thus
 130 natural to apply the fluctuation-dissipation theorem, which relates the dissipative response
 131 to the fluctuation spectrum $S(\omega)$ — the Fourier transform of the autocorrelation function
 132 $S(t) = (\langle \Delta \hat{O}(t) \Delta \hat{O} \rangle + \langle \Delta \hat{O} \Delta \hat{O}(t) \rangle) / 2$ — thereby yielding the main result given in Eq. (4)⁵

133 3 Thermodynamic Bounds on the Quantum Fisher Information

134 The integral representation in Eq. (4) serves as an effective tool for estimating the upper
 135 and lower bounds on the quantum Fisher information, which has numerous applications in

³This classical contribution alone is sufficient to establish a classical thermodynamic uncertainty relations, such as Mandelbrot's bound on the temperature-energy uncertainty [13].

⁴A formal analogy exists between Eq. (8) and Eq. (4) in Ref. [37]. However, the physical settings are distinct. The present result pertains to a system in thermal equilibrium, whereas Ref. [37] develops its framework for unitary encoding.

⁵It should be noted that a direct substitution using the Callen-Welton [48] fluctuation-dissipation relation, i.e., $S(\omega) = \coth(\beta\omega/2) \text{Im}[\chi(\omega)]$, would incorrectly introduce an additional term in Eq. (4). This issue arises from the divergent behavior of both the integrand in Eq. (8) and the fluctuation-dissipation relation itself. The treatment of this subtlety at $\omega \rightarrow 0$ is provided in Appendix B.

quantum metrology [31, 34, 38, 40, 49–57] as well as in deriving various uncertainty relations [22, 35, 40, 58–61].

To demonstrate the utility of the integral representation, note that $S(\omega)$ is non-negative⁶, and the weight factor $\tanh^2(\frac{\beta\omega}{2})\frac{1}{\omega^2}$ in the integration satisfies the inequality $\tanh^2(\frac{\beta\omega}{2})\frac{1}{\omega^2} \leq \tanh(\frac{\beta\omega}{2})\frac{\beta}{2\omega} \leq \frac{\beta^2}{4}$. This directly leads to the two upper bounds presented in Eq. (5) with

$$\beta \partial_\theta \langle \hat{O} \rangle = \frac{2}{\pi} \int_{-\infty}^{+\infty} d\omega \tanh\left(\frac{\beta\omega}{2}\right) \frac{\beta}{2\omega} S(\omega), \quad (11)$$

$$\beta^2 \langle (\Delta \hat{O})^2 \rangle = \frac{2}{\pi} \int_{-\infty}^{+\infty} d\omega \frac{\beta^2}{4} S(\omega). \quad (12)$$

On the other hand, the lower bound of \mathcal{F}_θ can be obtained through the following Cauchy-Schwarz inequality,

$$\begin{aligned} \mathcal{F}_\theta \cdot \beta^2 \langle (\Delta \hat{O})^2 \rangle &= \left[\frac{2}{\pi} \int_{-\infty}^{+\infty} d\omega \tanh^2\left(\frac{\beta\omega}{2}\right) \frac{1}{\omega^2} S(\omega) \right] \cdot \left[\frac{2}{\pi} \int_{-\infty}^{+\infty} \frac{\beta^2}{4} S(\omega) d\omega \right] \\ &\geq \left[\frac{2}{\pi} \int_{-\infty}^{+\infty} d\omega \left(\frac{1}{\omega} \tanh\left(\frac{\beta\omega}{2}\right) \sqrt{S(\omega)} \right) \left(\frac{\beta}{2} \sqrt{S(\omega)} \right) \right]^2 \\ &= (\beta \partial_\theta \langle \hat{O} \rangle)^2. \end{aligned} \quad (13)$$

Rearranging the equality immediately recovers the lower bound of Eq. (5), a result first established by Holevo via non-commutative statistics [62, 63].

4 The Thermodynamic Uncertainty Relation

The tighter upper bound on \mathcal{F}_θ , i.e., $\text{UB}_1 = \beta \partial_\theta \langle \hat{O} \rangle$, translates via the Cramér-Rao inequality into a new thermodynamic uncertainty relation

$$\Delta \theta \overline{\Delta O} \geq 1/\beta, \quad (14)$$

where we have defined the response-based uncertainty as $\overline{\Delta O} \equiv \partial_\theta \langle \hat{O} \rangle \Delta \theta$. This uncertainty characterizes the deviation in an indirect measurement scenario. Specifically, it represents the uncertainty in the inferred value of $\langle \hat{O} \rangle$ obtained by measuring its conjugate quantity θ , given prior knowledge of $\langle \hat{O} \rangle$ as a function of θ .

A comparison of the two types of uncertainty, ΔO and $\overline{\Delta O}$, is of considerable interest. From the lower bound of \mathcal{F}_θ in Eq. (5), we obtain $\overline{\Delta O}^2 \leq (\mathcal{F}_\theta \Delta \theta^2) \cdot \Delta O^2$, which implies

$$\overline{\Delta O} \leq \Delta O, \quad (15)$$

once the measurement of θ is optimal, i.e., it saturates the Cramér-Rao bound $\Delta \theta^2 = \mathcal{F}_\theta^{-1}$.

The result indicates that inferring the expectation value of observable \hat{O} via an indirect measurement of its conjugate variable θ can achieve greater precision than the direct measurement of itself. Such an enhancement, however, comes at a cost: it relies critically on prior knowledge of the functional dependence $\theta \rightarrow \langle \hat{O} \rangle$, which in turn requires precise information about the system's temperature and all Hamiltonian parameters other than θ .

⁶This can be verified directly from the Lehmann representation $S(\omega) = \sum_{E_m \neq E_n} (p_m + p_n) |O_{mn} - \delta_{mn} \langle \hat{O} \rangle|^2 \pi \delta(\omega + E_m - E_n)$

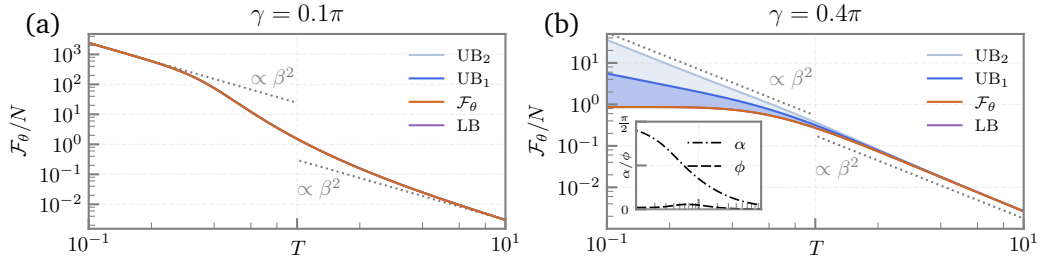


Figure 2: Temperature dependence of the quantum Fisher information (solid orange) and its bounds — LB (purple), UB_1 (deep blue), and UB_2 (light blue). Results are for the exact solution with system size $N = 100$, where the two-point correlation functions entering $S(\omega)$ are evaluated following Ref. [65]. (a) In the ferromagnetic phase ($\gamma < \gamma_c$), all bounds are degenerate. (b) In the paramagnetic phase ($\gamma > \gamma_c$), they are degenerate only at high T . In contrast, at low T , the quantum Fisher information is saturated by the LB. The dashed line indicates the $1/T^2$ scaling followed by the quantum Fisher information at high T and in the low T ferromagnetic phase, highlighting cooling as a metrological resource.

160 5 Application to the Transverse-Field Ising Model

161 The bounds we have derived apply to any quantum system in thermal equilibrium. To verify
 162 these inequalities, we apply them to a canonical model that exhibits a quantum phase transi-
 163 tion, the one-dimensional transverse-field Ising model.⁷ The Hamiltonian is given by

$$\hat{H} = \sin(\gamma) \sum_{i=1}^N \sigma_i^z - \cos(\gamma) \sum_{i=1}^{N-1} \sigma_i^x \sigma_{i+1}^x + \theta \sum_{i=1}^N \sigma_i^x. \quad (16)$$

164 where $\sigma_i^{x/z}$ are the Pauli operators at site i on a one-dimensional chain of N sites. In our
 165 analysis, we consider the estimation of a parameter θ , for which the thermodynamic conjugate
 166 observable is the total magnetization, $\hat{O} = \sum_i \sigma_i^x$. For all subsequent calculations, we take
 167 $\theta = 0$. The parameter θ is thus introduced only as a formal device, used solely to define the
 168 quantum Fisher information, \mathcal{F}_θ , and its corresponding conjugate observable, \hat{O} . Note that
 169 $\langle \hat{O} \rangle$ also serves as the order parameter for the system's quantum phase transition. At zero
 170 temperature, the model exhibits a quantum phase transition at the critical point $\gamma_c = \pi/4$,
 171 marking a symmetry-breaking transition between a ferromagnetic phase with spontaneously
 172 broken \mathbb{Z}_2 symmetry ($\gamma < \gamma_c$) and a symmetric paramagnetic phase ($\gamma > \gamma_c$) [64–66].

173 We first compare the relationship between the quantum Fisher information and its derived
 174 bounds across a wide range of temperatures (Fig. 2). The numerical results show that across
 175 most parameter regimes, all three bounds track the value of the quantum Fisher informa-
 176 tion closely, providing tight estimates. More specifically, the bounds become degenerate and
 177 collapse to a single value in two important physical limits. The first is the high-temperature
 178 limit, where thermal energy is much larger than the system's energy scales ($\beta\omega \ll 1$). In this
 179 region, all bounds are identical since $\tanh(\frac{\beta\omega}{2}) \approx \frac{\beta\omega}{2}$. The second limit occurs in physical
 180 regimes where the fluctuation spectrum $S(\omega)$ is sharply peaked at zero frequency. This is the
 181 case, for instance, when the system is deep in the ferromagnetic phase with a small γ . In this
 182 region, the low-energy sector is dominated by two nearly degenerate ferromagnetic ground
 183 states polarized along opposite directions, which are only weakly coupled by the observable
 184 \hat{O} . This leads to a slowly varying time-correlation function $S(t)$ and, consequently, a spectrum

⁷Code to reproduce the result is provided at <https://github.com/YemingMeng/IsingQFI>.

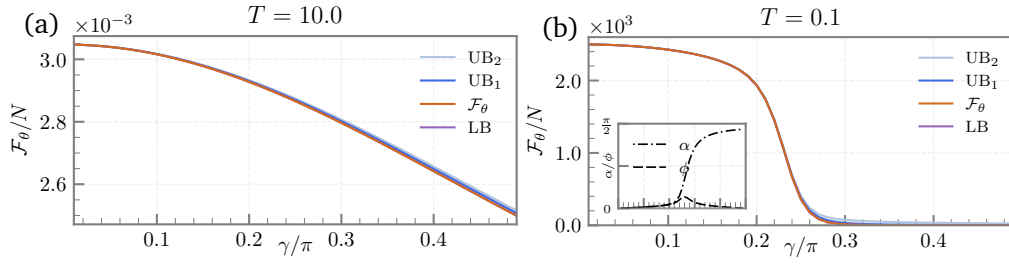


Figure 3: Transverse field dependence of the quantum Fisher information (solid orange) and its bounds — LB (purple), UB_1 (deep blue), and UB_2 (light blue). Results are for the exact free-fermion solution with system size $N = 100$. (a) At high temperature, all bounds are degenerate across the entire range of field strength γ . (b) At low temperature, the system exhibits dramatically different behavior on either side of the quantum phase transition point at γ_c . Throughout the entire ferromagnetic phase ($\gamma < \gamma_c$), the quantum Fisher information is significantly enhanced, while in the paramagnetic phase ($\gamma > \gamma_c$) the quantum Fisher information is tightly tracked by the LB.

185 $S(\omega)$ that is sharply concentrated near zero frequency. Consequently, the integral of Eq. (4)
 186 is dominated by its low-frequency part, where $\frac{1}{\omega} \tanh(\frac{\beta\omega}{2}) \approx \beta/2$ and all the bounds collapse
 187 again.

188 Remarkably, in both cases, all bounds collapse onto a single curve that exhibits a charac-
 189 teristic $1/T^2$ asymptotic scaling in both high and low-temperature limits, which is illustrated
 190 in Fig. 2. The behavior can be understood by considering the asymptotic behavior of $\langle(\Delta\hat{O})^2\rangle$
 191 at the temperature extremes. In the high-temperature limit, the variance can be expanded in
 192 powers of β , with the leading term $\text{Tr}[(\Delta\hat{O})^2]$ a constant value. While in the low temperature
 193 limit, the variance approaches the ground-state variance, given by $\text{Tr}[P_{\text{GS}}(\Delta\hat{O})^2]/g_{\text{GS}}$, where
 194 g_{GS} and P_{GS} are the degeneracy and projector to the ground state subspace. Consequently, the
 195 asymptotic scaling of $UB_2 \equiv \beta^2 \langle\Delta\hat{O}^2\rangle$ is governed entirely by the β^2 prefactor.

196 Fig 3 illustrates the behavior of the quantum Fisher information as a function of the
 197 field-strength parameter γ . At high temperatures (e.g., $T = 10$), the different bounds are
 198 nearly degenerate across the entire range of γ , consistent with the previous analysis. The low-
 199 temperature behavior (e.g., $T = 0.1$), however, is much richer and reveals the impact of the
 200 quantum phase transition, with two distinct physical regimes.

201 At the critical region ($\gamma \approx \gamma_c$) and throughout the paramagnetic phase ($\gamma > \gamma_c$), the bounds
 202 exhibit clear separation. Within this regime, the upper bound $UB_1 \equiv \beta \partial_\theta \langle\hat{O}\rangle$ provides a sub-
 203 stantially tighter constraint on the quantum Fisher information compared to UB_2 . This is
 204 evident from the quantum Fisher information shown in Fig. 3, as well as from the inset which
 205 displays the $\alpha \rightarrow \pi/2$ behavior in the paramagnetic phase (noting that $UB_1 = UB_2 \cos \alpha$ as
 206 indicated in Fig. 1). Furthermore, the consistently small angle ϕ across the entire parameter
 207 space demonstrates that the lower bound $LB = UB_1^2/UB_2 = \mathcal{F}_\theta \cos \phi$ serves as an accurate
 208 approximation for \mathcal{F}_θ throughout this region.

209 In the ferromagnetic phase ($\gamma < \gamma_c$), a distinct jump in \mathcal{F}_θ is observed in the zero-temperature
 210 limit. This jump indicates enhanced sensitivity of the system to variations in the parameter θ
 211 within the ferromagnetic phase. The underlying mechanism is the spontaneous Z_2 symmetry
 212 breaking that defines the ferromagnetic phase. In this regime, the ground state exhibits de-
 213 generacy, and an infinitesimal longitudinal field θ suffices to break this symmetry, resulting in
 214 a substantial modification of the system's state and consequently a large quantum Fisher in-
 215 formation that scales as $1/T^2$. In contrast, the paramagnetic phase exhibits lifted degeneracy,

which leads to a considerably smaller \mathcal{F}_θ , reflecting the system's robustness to the longitudinal field θ . This low-temperature behavior establishes that ground-state degeneracy can serve as a quantum resource, enabling a $1/T^2$ scaling that enhances measurement precision — a feature anticipated to be characteristic of a broad class of many-body systems.

6 Locality of Optimal Estimators and Experimental Achievability

It is important to note that while the numerical results confirm the validity of the bounds on the quantum Fisher information \mathcal{F}_θ , the tightness and practical utility of the thermodynamic uncertainty relation in Eq. (14) depend on the experimental protocol employed. In particular, if the estimation or measurement of the parameter θ yields a variance significantly larger than the lower bound prescribed by the Cramér-Rao inequality, i.e., $\Delta\theta \gg \mathcal{F}_\theta^{-1/2}$, the uncertainty relation presented in this work would provide limited practical value. In other words, the effectiveness of our thermodynamic uncertainty relation requires that a (close to) optimal estimator of θ be experimentally accessible.

It is known that the optimal locally unbiased estimator of θ that reaches the Cramér-Rao bound is given by [30, 67, 68]

$$\hat{\theta} = \theta + \frac{\hat{L}}{\text{Tr}[\rho_\theta \hat{L}^2]}, \quad (17)$$

where \hat{L} denotes the symmetric logarithmic derivative that satisfies $\partial_\theta \rho_\theta = \frac{1}{2}(\rho_\theta \hat{L} + \hat{L} \rho_\theta)$.

To ensure experimental accessibility of the estimator $\hat{\theta}$, it is generally necessary for it to be well-approximated by a sum of *local* operators. In Appendix D, we prove that when both the Hamiltonian \hat{H} and the operator \hat{O} are sums of some local operators, and the system's correlation functions can be controlled by the Lieb-Robinson bound [69, 70], the operator \hat{L} can indeed be well-approximated by a sum of local operators. The proof relies on a new integral representation of the logarithmic derivative for the Gibbs ensemble, which is of interest in its own right,

$$\hat{L} = \frac{2}{\pi} \int_{-\infty}^{+\infty} dt \log \left[\tanh\left(\frac{\pi|t|}{2\beta}\right) \right] \hat{O}(t). \quad (18)$$

The prefactor $\log \left[\tanh\left(\frac{\pi|t|}{2\beta}\right) \right]$ in the integrand exhibits exponential decay for $t \gg \beta$, which implies that \hat{L} can be accurately approximated by a weighted average of $\hat{O}(t)$ over times $t \lesssim \beta$. Consequently, it is natural to expect that both the symmetric logarithmic derivative \hat{L} and hence the optimal estimator $\hat{\theta}$ can be well-approximated by sums of local operators, rendering them amenable to effective experimental measurement.

7 Conclusion

We have established a new framework for systematically deriving bounds on the quantum Fisher information in thermal systems. This framework is founded upon an exact integral representation Eq. (4) that formally connects the quantum Fisher information, \mathcal{F}_θ , of an intensive parameter θ to the fluctuation spectrum, $S(\omega)$, of its extensive conjugate operator, \hat{O} . From this integral form, a hierarchical chain of inequalities Eq. (5) is derived, linking the quantum Fisher information to the system's core thermodynamic properties: its linear response (susceptibility, $\partial_\theta \langle \hat{O} \rangle$) and its equilibrium fluctuations (variance, $\langle (\Delta \hat{O})^2 \rangle$). This chain includes

a novel upper bound, $\mathcal{F}_\theta \leq \beta \partial_\theta \langle \hat{O} \rangle$, which is demonstrably more stringent than the previously proved bound $\langle \Delta \hat{O}^2 \rangle$. This new bound, in conjunction with the Cramér-Rao inequality, yields a new, tighter thermodynamic uncertainty relation that fundamentally constrains the precision of a parameter estimate by the system's susceptibility. Numerical validation using the 1D transverse-field Ising model confirmed the new bound's utility, particularly in the paramagnetic phase near the quantum critical point. Furthermore, the optimal estimators can be well-approximated by sums of local operators. These findings establish a new class of uncertainty relations for thermodynamic conjugate variables, revealing that the product of the uncertainty in an intensive parameter and its extensive conjugate is fundamentally bounded by the inverse temperature.

Acknowledgements

We are grateful for the helpful discussions with Xingze Qiu.

Funding information The work is supported by the National Natural Science Foundation of China (Grant Nos. 12574293, 92576205).

A Quantum Fisher Information for Gibbs Ensembles

This section details the derivation of the quantum Fisher Information for a Gibbs state, expressing it via its conjugate observable, as defined by Eq. (7) in the main text. The system is described by the Gibbs density matrix

$$\hat{\rho}_\theta = \frac{e^{-\beta \hat{H}(\theta)}}{\text{Tr}[e^{-\beta \hat{H}(\theta)}]}, \quad (\text{A.1})$$

where the parameter θ is encoded in the Hamiltonian $\hat{H}(\theta)$. The starting point for our analysis is the standard spectral representation of the quantum Fisher information for the state $\hat{\rho}_\theta$:

$$\mathcal{F}_\theta = \sum_n \frac{(\partial_\theta p_n)^2}{p_n} + \sum_{m \neq n} \frac{2(p_m - p_n)^2}{p_m + p_n} |\langle m | \partial_\theta n \rangle|^2, \quad (\text{A.2})$$

where $|n\rangle$ and E_n are the eigenstates and energy eigenvalues of the Hamiltonian $\hat{H}(\theta)$, respectively, defined by the eigenvalue equation $\hat{H} |n\rangle = E_n |n\rangle$. The terms $p_n = e^{-\beta E_n} / \sum_n e^{-\beta E_n}$ are the corresponding Gibbs populations. Our goal is to rewrite this quantum Fisher information in terms of the matrix elements of the conjugate observable, $\hat{O} = \partial_\theta \hat{H}(\theta)$, thereby eliminating the explicit partial derivatives.

Let us first consider the first term of Eq. (A.2). The derivative of the Gibbs populations $\partial_\theta p_n$ is given by

$$\partial_\theta p_n = p_n \partial_\theta \ln p_n = p_n \partial_\theta (-\beta E_n - \ln(\sum_k e^{-\beta E_k})) = -\beta p_n (O_{nn} - \langle \hat{O} \rangle), \quad (\text{A.3})$$

where $O_{nn} = \langle n | \hat{O} | n \rangle = \partial_\theta E_n$ and $\langle \hat{O} \rangle = \sum_n p_n O_{nn}$. Substituting this result back into the first term of Eq. (A.2) yields

$$\sum_n \frac{(\partial_\theta p_n)^2}{p_n} = \beta^2 \sum_n p_n (O_{nn} - \langle \hat{O} \rangle)^2. \quad (\text{A.4})$$

In evaluating the second term of Eq. (A.2), we first establish a general relation for the matrix elements $\langle m | \partial_\theta n \rangle$. We begin by differentiating the eigenvalue equation $\hat{H} |n\rangle = E_n |n\rangle$ with respect to θ :

$$(\partial_\theta \hat{H}) |n\rangle + \hat{H} (\partial_\theta |n\rangle) = (\partial_\theta E_n) |n\rangle + E_n (\partial_\theta |n\rangle). \quad (\text{A.5})$$

Taking the inner product with $\langle m |$ for $m \neq n$ yields

$$\langle m | \hat{O} | n \rangle + E_m \langle m | \partial_\theta n \rangle = E_n \langle m | \partial_\theta n \rangle, \quad (\text{A.6})$$

which can be rearranged into the central relation

$$O_{mn} = (E_n - E_m) \langle m | \partial_\theta n \rangle. \quad (\text{A.7})$$

For non-degenerate states where $E_m \neq E_n$, relation Eq. (A.7) leads to the well-known perturbation theory:

$$\langle m | \partial_\theta n \rangle = \frac{O_{mn}}{E_n - E_m}. \quad (\text{A.8})$$

For degenerate states where $E_m = E_n$, the right-hand side of Eq. (A.7) vanishes. As one can always choose a proper gauge to ensure that the derivative term $\langle m | \partial_\theta n \rangle$ is finite [71, 72], Eq. (A.7) immediately requires that

$$O_{mn} = 0 \quad (\text{for } E_m = E_n, m \neq n). \quad (\text{A.9})$$

This result is consistent with degenerate perturbation theory, which requires that the perturbation operator \hat{O} be diagonal within the basis of the degenerate subspace.

The analysis for the non-degenerate case [Eq. (A.8)] rewrite the second term of Eq. (A.2) as follows:

$$\sum_{m \neq n} \frac{2(p_m - p_n)^2}{p_m + p_n} |\langle m | \partial_\theta n \rangle|^2 = 2 \sum_{E_m \neq E_n} \frac{(p_m - p_n)^2}{p_m + p_n} \frac{1}{(E_m - E_n)^2} |O_{mn}|^2, \quad (\text{A.10})$$

Taken together, Eq. (A.4) and Eq. (A.10) gives the final expression for the quantum Fisher information

$$\mathcal{F}_\theta = \beta^2 \sum_n p_n (O_{nn} - \langle \hat{O} \rangle)^2 + 2 \sum_{E_m \neq E_n} \frac{(p_m - p_n)^2}{p_m + p_n} \frac{1}{(E_m - E_n)^2} |O_{mn}|^2. \quad (\text{A.11})$$

B Generalized Fluctuation-Dissipation Relation

In this section, we derive the generalized fluctuation-dissipation theorem that connects the two integral representations for the quantum Fisher information from the main text: the form involving the Kubo response [Eq. (8)] and the one involving the autocorrelation spectrum [Eq. (4)]. However, a naive application of the standard Callen-Welton fluctuation-dissipation relation, $S(\omega) = \coth(\beta\omega/2) \text{Im}[\chi(\omega)]$, is insufficient due to subtleties arising at zero frequency that relate to the first term in Eq. (8).

To derive the correct, generalized fluctuation-dissipation relation, we start with the definition of the time-ordered Green's function $C^T(\omega)$, the retarded Green's function $C^R(\omega)$, and

the symmetrized autocorrelation spectrum $S(\omega)$ as follows,

$$C^T(\omega) = -i \int_{-\infty}^{+\infty} dt e^{i\omega t} \langle \mathcal{T} \Delta \hat{O}(t) \Delta \hat{O} \rangle \quad (\text{B.1})$$

$$C^R(\omega) = -i \int_{-\infty}^{+\infty} dt e^{i\omega t} \Theta(t) \langle [\hat{O}(t), \hat{O}] \rangle \quad (\text{B.2})$$

$$S(\omega) = \frac{1}{2} \int_{-\infty}^{+\infty} dt e^{i\omega t} \langle \Delta \hat{O}(t) \Delta \hat{O} \rangle + \langle \Delta \hat{O} \Delta \hat{O}(t) \rangle. \quad (\text{B.3})$$

The autocorrelation function $S(\omega)$ can link to the imaginary part of the time-ordered Green's function,

$$\begin{aligned} S(\omega) &= \frac{1}{2} \int_{-\infty}^{+\infty} dt e^{i\omega t} \langle \Delta \hat{O}(t) \Delta \hat{O} \rangle + \langle \Delta \hat{O} \Delta \hat{O}(t) \rangle \\ &= \frac{1}{2} \left[\int_{-\infty}^0 dt e^{i\omega t} \langle \Delta \hat{O}(t) \Delta \hat{O} \rangle + \int_0^{+\infty} dt e^{i\omega t} \langle \Delta \hat{O}(t) \Delta \hat{O} \rangle + \int_{-\infty}^0 dt e^{i\omega t} \langle \Delta \hat{O} \Delta \hat{O}(t) \rangle + \int_0^{+\infty} dt e^{i\omega t} \langle \Delta \hat{O} \Delta \hat{O}(t) \rangle \right] \\ &= \frac{1}{2} \left[\int_0^{+\infty} dt e^{-i\omega t} \langle \Delta \hat{O} \Delta \hat{O}(t) \rangle + \int_0^{+\infty} dt e^{i\omega t} \langle \Delta \hat{O}(t) \Delta \hat{O} \rangle + \int_{-\infty}^0 dt e^{i\omega t} \langle \Delta \hat{O} \Delta \hat{O}(t) \rangle + \int_{-\infty}^0 dt e^{-i\omega t} \langle \Delta \hat{O}(t) \Delta \hat{O} \rangle \right] \\ &= \frac{1}{2} \left[\left(\int_0^{+\infty} dt e^{i\omega t} \langle \Delta \hat{O}(t) \Delta \hat{O} \rangle + \int_{-\infty}^0 dt e^{i\omega t} \langle \Delta \hat{O} \Delta \hat{O}(t) \rangle \right) + \left(\int_0^{+\infty} dt e^{i\omega t} \langle \Delta \hat{O}(t) \Delta \hat{O} \rangle + \int_{-\infty}^0 dt e^{i\omega t} \langle \Delta \hat{O} \Delta \hat{O}(t) \rangle \right)^* \right] \\ &= -\frac{C^T(\omega) - C^T(\omega)^*}{2i} \\ &= -\text{Im}[C^T(\omega)]. \end{aligned} \quad (\text{B.4})$$

The dissipative response function, $\chi''(\omega)$, linking to the imaginary part of the retarded Green's function as a consequence of linear response theory [47, 73]

$$\text{Im}[\chi(\omega)] = -\text{Im}[C^R(\omega)]. \quad (\text{B.5})$$

The precise relationship between $C^T(\omega)$ and $C^R(\omega)$ is revealed in the Lehmann representation of Eq. (B.1) and Eq. (B.2),

$$C^T(\omega) = \lim_{\eta \rightarrow 0^+} \sum_{mn} |O_{mn} - \delta_{mn} \langle \hat{O} \rangle|^2 \left[\frac{p_m}{\omega + E_m - E_n + i\eta} - \frac{p_n}{\omega + E_m - E_n - i\eta} \right] \quad (\text{B.6})$$

$$C^R(\omega) = \lim_{\eta \rightarrow 0^+} \sum_{mn} |O_{mn} - \delta_{mn} \langle \hat{O} \rangle|^2 \left[\frac{p_m}{\omega + E_m - E_n + i\eta} - \frac{p_n}{\omega + E_m - E_n + i\eta} \right]. \quad (\text{B.7})$$

Note the retarded expression also contains the $\delta_{mn} \langle \hat{O} \rangle$ term, this is because there is no difference between the retarded Green's function between O and $\Delta O = O - \langle \hat{O} \rangle$, the $\delta_{mn} \langle \hat{O} \rangle$ term only affects $m = n$ terms in summation but these terms are always zero since $p_m = p_n$ for $m = n$. Taking the imaginary part while combining with Eq. (B.4) and Eq. (B.5),

$$S(\omega) = -\text{Im}[C^T(\omega)] = \sum_{mn} (p_m + p_n) |O_{mn} - \delta_{mn} \langle \hat{O} \rangle|^2 \pi \delta(\omega + E_m - E_n) \quad (\text{B.8})$$

$$\text{Im}[\chi(\omega)] = -\text{Im}[C^R(\omega)] = \sum_{mn} (p_m - p_n) |O_{mn} - \delta_{mn} \langle \hat{O} \rangle|^2 \pi \delta(\omega + E_m - E_n). \quad (\text{B.9})$$

For any non-zero frequency ($\omega \neq 0$), the delta function fixes $E_n - E_m = \omega$. We can therefore relate the population factors,

$$\begin{aligned} (p_m + p_n) \delta(\omega + E_m - E_n) &= (p_m - p_n) \frac{p_m + p_n}{p_m - p_n} \delta(\omega + E_m - E_n) \\ &= (p_m - p_n) \coth\left(\frac{\beta(E_n - E_m)}{2}\right) \delta(\omega + E_m - E_n) \\ &= (p_m - p_n) \coth\left(\frac{\beta\omega}{2}\right) \delta(\omega + E_m - E_n). \end{aligned} \quad (\text{B.10})$$

319 which leads to the standard fluctuation-dissipation relation,

$$S(\omega) = \coth\left(\frac{\beta\omega}{2}\right) \text{Im}[\chi(\omega)], \text{ for } \omega \neq 0. \quad (\text{B.11})$$

320 At exactly zero frequency, the two factors appearing in Eq. (B.9) — the Dirac delta $\delta(\omega + E_m - E_n)$
 321 and the population difference $(p_m - p_n)$ — cannot be simultaneously nonzero: $\delta(0 + E_m - E_n) \neq 0$
 322 enforces $E_m = E_n$, for which $p_m - p_n = 0$; conversely, whenever $p_m \neq p_n$ one must have $E_m \neq E_n$
 323 and hence $\delta(0 + E_m - E_n) = 0$. As a consequence, the imaginary part of the Kubo response
 324 has no zero-frequency singularity and $\lim_{\omega \rightarrow 0} \text{Im}[\chi(\omega)] = 0$. In contrast, the autocorrelation
 325 spectrum has a well-defined zero-frequency component obtained by isolating the contributions
 326 with $E_m = E_n$:

$$\begin{aligned} \lim_{\omega \rightarrow 0} S(\omega) &= \pi \delta(\omega) \sum_{E_m = E_n} (p_m + p_n) |O_{mn} - \delta_{mn} \langle \hat{O} \rangle|^2 \\ &= 2\pi \delta(\omega) \sum_n p_n (O_{nn} - \langle \hat{O} \rangle)^2. \end{aligned} \quad (\text{B.12})$$

327 The second equality holds because the off-diagonal terms O_{mn} vanish for degenerate states
 328 ($E_m = E_n$) when $m \neq n$ as established in Appendix A.

329 The generalized fluctuation-dissipation relation is therefore obtained by augmenting the
 330 standard relation for $\omega \neq 0$ with this singular, zero-frequency term:

$$S(\omega) = \coth\left(\frac{\beta\omega}{2}\right) \text{Im}[\chi(\omega)] + 2\pi \delta(\omega) \sum_n p_n (O_{nn} - \langle \hat{O} \rangle)^2. \quad (\text{B.13})$$

331 Substituting this generalized fluctuation-dissipation relation into Eq.(8) directly yields Eq. (4)
 332 in the main text:

$$\mathcal{F}_\theta = \beta^2 \sum_n p_n (O_{nn} - \langle \hat{O} \rangle)^2 + \frac{2}{\pi} \int_{-\infty}^{+\infty} d\omega \tanh\left(\frac{\omega\beta}{2}\right) \frac{1}{\omega^2} \text{Im}[\chi(\omega)]. \quad (\text{B.14})$$

333 We note that Ref. [61] also derives an integral representation for the quantum Fisher infor-
 334 mation in terms of the Kubo response function. However, because they employ the standard
 335 Callen-Welton relation — without the zero-frequency correction — their integral representa-
 336 tion of the Kubo response function does not capture the first, purely statistical term present in
 337 Eq. (8).

338 C Symmetric Logarithmic Derivative Operator for Gibbs Ensem- 339 bles

340 Here, we provide a detailed derivation for the integral representation of the symmetric loga-
 341 rithmic derivative operator of a Gibbs state, presented as Eq. (18) in the main text. We begin
 342 with the symmetric logarithmic derivative operator \hat{L} defined by the Lyapunov equation

$$\frac{1}{2}(\hat{\rho}_\theta \hat{L} + \hat{L} \hat{\rho}_\theta) = \partial_\theta \hat{\rho}_\theta. \quad (\text{C.1})$$

343 The derivative of the density matrix $\hat{\rho}_\theta$ with respect to a parameter θ is given by the integral
 344 representation

$$\partial_\theta \hat{\rho}_\theta = -\beta \int_0^1 d\lambda \hat{\rho}_\theta^\lambda (\hat{O} - \langle \hat{O} \rangle) \hat{\rho}_\theta^{1-\lambda}. \quad (\text{C.2})$$

Without loss of generality, we set $\langle \hat{O} \rangle = \text{Tr}[\hat{\rho}_\theta \hat{O}] = 0$. This is justified because any component of \hat{O} proportional to the identity operator does not contribute to the derivative, as $\partial_\theta \hat{\rho}_\theta$ is traceless. The integral representation thus simplifies to $\partial_\theta \hat{\rho}_\theta = -\beta \int_0^1 d\lambda \hat{\rho}_\theta^\lambda \hat{O} \hat{\rho}_\theta^{1-\lambda}$. Substituting this into Eq. (C.1) and applying the change of variables $\tau = \beta\lambda$ yields:

$$\frac{1}{2}(\hat{\rho}_\theta \hat{L} + \hat{L} \hat{\rho}_\theta) = -\frac{1}{Z} \int_0^\beta d\tau e^{-\tau \hat{H}(\theta)} \hat{O} e^{-(\beta-\tau) \hat{H}(\theta)}, \quad (\text{C.3})$$

where $Z(\theta) = \text{Tr}[e^{-\beta \hat{H}(\theta)}]$ is the partition function. For simplicity, we omit the θ dependence of the Hamiltonian and the partition function using the notation \hat{H} and Z for the remainder of the derivation.

We now solve this equation for the matrix elements $L_{mn} \equiv \langle m | \hat{L} | n \rangle$ in the energy eigenbasis $\{|n\rangle\}$. For the non-degenerate elements ($E_m \neq E_n$), taking the matrix elements of Eq. (C.3) yields

$$\begin{aligned} \frac{1}{2}(p_m + p_n)L_{mn} &= -\frac{1}{Z} \int_0^\beta d\tau \langle m | e^{-\tau \hat{H}} \hat{O} e^{-(\beta-\tau) \hat{H}} | n \rangle \\ &= -\frac{e^{-\beta E_n}}{Z} \int_0^\beta d\tau O_{mn} e^{-\tau(E_m - E_n)} \\ &= -\frac{1}{Z} \frac{e^{-\beta E_m} - e^{-\beta E_n}}{E_n - E_m} O_{mn} \\ &= \frac{p_m - p_n}{E_m - E_n} O_{mn}. \end{aligned} \quad (\text{C.4})$$

We define the energy-domain weighting kernel $f(\omega)$ as

$$f(\omega) = -\frac{\tanh(\beta\omega/2)}{\omega/2}, \quad (\text{C.5})$$

which rewrites Eq. (C.4) concisely as

$$\begin{aligned} L_{mn} &= \frac{2(p_m - p_n)}{(p_m + p_n)(E_m - E_n)} O_{mn} \\ &= f(E_m - E_n) O_{mn} \end{aligned} \quad (\text{C.6})$$

For the degenerate elements ($E_m = E_n$), it follows that $p_m = p_n$, and the matrix elements of Eq. (C.3) become

$$\begin{aligned} p_n L_{mn} &= -\frac{1}{Z} \int_0^\beta d\tau \langle m | e^{-\tau \hat{H}} \hat{O} e^{-(\beta-\tau) \hat{H}} | n \rangle \\ &= -\beta p_n O_{mn}. \end{aligned} \quad (\text{C.7})$$

This yields the result

$$L_{mn} = -\beta O_{mn}. \quad (\text{C.8})$$

We now consider the zero-frequency limit of the kernel,

$$\lim_{\omega \rightarrow 0} f(\omega) = -\beta. \quad (\text{C.9})$$

This result allows the degenerate [Eq. (C.8)] and non-degenerate [Eq. (C.6)] terms to be written in a single unified expression,

$$L_{mn} = f(E_m - E_n) O_{mn}, \quad (\text{C.10})$$

363 which holds for both zero and non-zero values of $E_m - E_n$.

364 To obtain a time-domain representation, we introduce the function $g_\beta(t)$ as the inverse
365 Fourier transform of the weighting kernel

$$\begin{aligned} g_\beta(t) &= \frac{1}{2\pi} \int_{-\infty}^{+\infty} d\omega e^{-i\omega t} f(\omega) \\ &= \frac{2}{\pi} \ln \left[\tanh \left(\frac{\pi|t|}{2\beta} \right) \right]. \end{aligned} \quad (\text{C.11})$$

366 With this definition, we rewrite the matrix elements L_{mn} using the forward Fourier transfor-
367 mation, $f(\omega) = \int_{-\infty}^{+\infty} dt g_\beta(t) e^{i\omega t}$, as

$$\begin{aligned} L_{mn} &= f(E_m - E_n) O_{mn} \\ &= \left[\int_{-\infty}^{+\infty} dt g_\beta(t) e^{i(E_m - E_n)t} \right] O_{mn} \\ &= \int_{-\infty}^{+\infty} dt g_\beta(t) \langle m | e^{i\hat{H}t} \hat{O} e^{-i\hat{H}t} | n \rangle. \end{aligned} \quad (\text{C.12})$$

368 Since this relation holds for any pair of eigenstates, it implies the operator identity:

$$\hat{L} = \int_{-\infty}^{+\infty} dt g_\beta(t) \hat{O}(t), \quad (\text{C.13})$$

369 where $\hat{O}(t) = e^{i\hat{H}t} \hat{O} e^{-i\hat{H}t}$ is the operator \hat{O} in the Heisenberg picture.

370 We have derived a time-domain integral representation for the symmetric logarithmic
371 derivative operator of a Gibbs state, given in Eq. (C.13) with the specific kernel $g_\beta(t)$. To
372 the best of our knowledge, this representation is a new result. It serves as the primary tool in
373 the following section for proving the locality of the optimal estimator.

374 D Locality of Symmetric Logarithmic Derivative Operator

375 In this section, we demonstrate that the locality of the symmetric logarithmic derivative oper-
376 ator \hat{L} (defined in Eq. (C.13)) is inherited from the original operator \hat{O} . Specifically, we prove
377 that if \hat{O} is a sum of local operators, then \hat{L} can be written as a corresponding sum of operators,
378 each satisfying an exponential decay bound on its commutator with distant operators.

379 To proceed formally, we first specify what we mean by a local operator. An operator \hat{O}_i is
380 called local if its support, i.e., the set of sites on which it acts nontrivially, has a finite size that
381 does not scale with the total system size.

382 For clarity, instead of analyzing the full sum $\hat{O} = \sum_i \hat{O}_i$, we consider a single representative
383 local term \hat{O}_{loc} (one of the \hat{O}_i) and establish the desired property for it.

384 **Proposition:** Let \hat{O}_{loc} be an operator with a finite support X , and let \hat{H} be a local Hamil-
385 tonian. For any $\mu > 0$, the corresponding “dressed” operator

$$\hat{L}_{\text{loc}} = \int_{-\infty}^{+\infty} dt e^{-\mu|t|} \hat{O}_{\text{loc}}(t), \quad \text{where} \quad \hat{O}_{\text{loc}}(t) = e^{i\hat{H}t} \hat{O}_{\text{loc}} e^{-i\hat{H}t}, \quad (\text{D.1})$$

386 obeys an exponential decay bound on its commutator with distant operators. Specifically, there
387 exist constants C and $\lambda > 0$ such that

$$\|[\hat{L}_{\text{loc}}, \hat{B}]\| \leq C \|\hat{O}_{\text{loc}}\| \|\hat{B}\| e^{-\lambda r} \quad (\text{D.2})$$

for any operator \hat{B} supported at a distance r from X , where $\|\cdot\|$ denotes the operator spectral norm, the decay rate $\lambda = \min(a, \mu/\nu)$ is determined by the Hamiltonian's Lieb-Robinson parameters (a, ν) and the integral's decay factor μ .

The operator \hat{B} acts as a “probe operator” supported on a region distant from X . The bound on the commutator $\|[\hat{L}_{\text{loc}}, \hat{B}]\|$ thus measures the extent to which \hat{L}_{loc} acts non-trivially on distant regions.

Proof: The proof relies on the Lieb-Robinson bound [69, 70],

$$\|[\hat{O}_{\text{loc}}(t), \hat{B}]\| \leq C_{LR} \|\hat{O}_{\text{loc}}\| \|\hat{B}\| e^{-a(r-\nu|t|)}, \quad (\text{D.3})$$

which constrains the spectral norm of the commutator of $\hat{O}_{\text{loc}}(t)$ with a distant probe operator \hat{B} . Here, C_{LR} is a constant, while a and ν are the LR decay rate and velocity, respectively.

To prove the exponential decay for \hat{L}_{loc} , we bound its commutator by applying the triangle inequality to its integral representation (Eq. (D.1))⁸:

$$\|[\hat{L}_{\text{loc}}, \hat{B}]\| \leq \int_{-\infty}^{\infty} dt e^{-\mu|t|} \|[\hat{O}_{\text{loc}}(t), \hat{B}]\|. \quad (\text{D.4})$$

Splitting the integral at the characteristic time $t_c = r/\nu$, which separates the integration domain into regions outside and inside the effective light cone.

For the region outside the light cone ($|t| < t_c$), the contribution $\mathcal{C}_<$ is bounded by

$$\mathcal{C}_< \leq C_{LR} \|\hat{O}_{\text{loc}}\| \|\hat{B}\| e^{-ar} \int_{-t_c}^{t_c} dt e^{(a\nu-\mu)|t|}. \quad (\text{D.5})$$

Evaluation of the integral gives two cases:

- For $a\nu \neq \mu$, the bound is a sum of two exponentially decaying terms:

$$\mathcal{C}_< \leq \frac{2C_{LR}}{|a\nu - \mu|} \|\hat{O}_{\text{loc}}\| \|\hat{B}\| |e^{-(\mu/\nu)r} - e^{-ar}|. \quad (\text{D.6})$$

- For $a\nu = \mu$, the bound is also exponentially decaying:

$$\mathcal{C}_< \leq \frac{2C_{LR}}{\nu} \|\hat{O}_{\text{loc}}\| \|\hat{B}\| r e^{-ar}. \quad (\text{D.7})$$

In both scenarios, this contribution decays exponentially with the distance r . The overall decay is governed by the slower of the two rates, i.e., by $e^{-\min(a, \mu/\nu)r}$.

For the region inside the light cone ($|t| \geq t_c$), the Lieb-Robinson bound becomes trivial ($e^{-a(r-\nu|t|)} \geq 1$). We therefore use the general bound for a commutator: $\|[\hat{A}, \hat{C}]\| \leq 2\|\hat{A}\|\|\hat{C}\|$. Since time evolution is unitary, $\|\hat{O}_{\text{loc}}(t)\| = \|\hat{O}_{\text{loc}}\|$. The contribution \mathcal{C}_\geq is thus bounded by

$$\begin{aligned} \mathcal{C}_\geq &\leq \int_{|t| \geq t_c} dt e^{-\mu|t|} (2\|\hat{O}_{\text{loc}}\| \|\hat{B}\|) \\ &= 4\|\hat{O}_{\text{loc}}\| \|\hat{B}\| \int_{t_c}^{\infty} dt e^{-\mu t} \\ &= \frac{4}{\mu} \|\hat{O}_{\text{loc}}\| \|\hat{B}\| e^{-\mu t_c}. \end{aligned} \quad (\text{D.8})$$

⁸We use $e^{-\mu|t|}$ kernel for simplicity. The physical kernel $g_\beta(t)$ (from Eq. (C.13)) has the same large- t exponential decay ($\sim e^{-(\pi/\beta)|t|}$), so replacing $g_\beta(t)$ with $e^{-\mu|t|}$ (with $\mu = \pi/\beta$) does not affect the final exponential nature of the bound.

Substituting $t_c = r/v$, we find that this contribution also decays exponentially with distance,

$$C_{\geq} \leq \frac{4}{\mu} \|\hat{O}_{\text{loc}}\| \|\hat{B}\| e^{-(\mu/v)r}. \quad (\text{D.9})$$

Since both $C_{<}$ and C_{\geq} decay exponentially with the distance r , their sum does as well,

$$\|[\hat{L}_{\text{loc}}, \hat{B}]\| \leq C_{<} + C_{\geq} \leq C \|\hat{O}_{\text{loc}}\| \|\hat{B}\| e^{-\min(a, \mu/v) \cdot r}. \quad (\text{D.10})$$

By linearity, the dressed version of the full operator $\hat{O} = \sum_i \hat{O}_i$ is $\hat{L} = \sum_i \hat{L}_i$. The proof above confirms that each term \hat{L}_i has an exponentially decaying commutator bound, meaning the full operator \hat{L} is a sum of terms with this property.

Having established that the commutators of \hat{L}_{loc} decay exponentially with distance, we now show that this property allows it to be well-approximated by an operator with strictly finite support. The proof relies on a general theorem regarding local operator approximation, which is rigorously proven in works of Bachmann et al. and Nachtergaele et al.:

Theorem (Local Operator Approximation) [74, 75]: Let the Hilbert space of the lattice be decomposed with respect to a region Λ_R as $\mathcal{H} = \mathcal{H}_{\Lambda_R} \otimes \mathcal{H}_{\Lambda_R^c}$. If an operator $A \in \mathcal{B}(\mathcal{H})$ satisfies the bound $\|[A, \mathbb{I}_{\Lambda_R} \otimes B]\| \leq \epsilon \|B\|$ for all bounded B acting on $\mathcal{H}_{\Lambda_R^c}$, then there exists an operator A' supported entirely on Λ_R such that

$$\|A - A'\| \leq 2\epsilon. \quad (\text{D.11})$$

Here $\mathcal{B}(\mathcal{H})$ denotes the Banach space of bounded operators on \mathcal{H} .

To apply this theorem, the operator \hat{L}_{loc} needs to be bounded to ensure it belongs to the Banach space $\mathcal{B}(\mathcal{H})$. This is shown by applying the triangle inequality for integrals to its definition in Eq. (D.1) ⁹:

$$\|\hat{L}_{\text{loc}}\| = \left\| \int_{-\infty}^{+\infty} dt e^{-\mu|t|} \hat{O}_{\text{loc}}(t) \right\| \leq \int_{-\infty}^{+\infty} dt e^{-\mu|t|} \|\hat{O}_{\text{loc}}(t)\| = \frac{2}{\mu} \|\hat{O}_{\text{loc}}\|. \quad (\text{D.12})$$

We define the approximation region Λ_R based on the support of the initial operator \hat{O}_{loc} . We consider that the support of \hat{O}_{loc} is contained within a ball of radius r_0 , and choose Λ_R to be a larger, concentric ball of radius $r_0 + R$. This construction creates a buffer zone of linear size R between the support of \hat{O}_{loc} and the region where any operator B can be defined.

Applying the commutator bound in Eq. (D.10), we find that the condition of the theorem is met with the parameter ϵ given by:

$$\epsilon(R) = C \|\hat{O}_{\text{loc}}\| e^{-\min(a, \mu/v) \cdot R}. \quad (\text{D.13})$$

The theorem then guarantees that \hat{L}_{loc} can be approximated by a strictly local operator, \hat{L}_{Λ_R} , supported on Λ_R . The error of this approximation is bounded by $2\epsilon(R)$, leading to the final result:

$$\|\hat{L}_{\text{loc}} - \hat{L}_{\Lambda_R}\| \leq 2C \|\hat{O}_{\text{loc}}\| e^{-\min(a, \mu/v) \cdot R}. \quad (\text{D.14})$$

We now consider the approximation for the full operator $\hat{L} = \sum_i \hat{L}_i$. For a finite system, the cumulative error of the term-by-term approximation is bounded by a sum of exponentially

⁹For the operator \hat{L} defined by Eq. (C.13), its boundedness is correspondingly ensured by the integral $I = \int_{-\infty}^{+\infty} dt g_{\beta}(t) = \frac{4}{\pi} \int_0^{\infty} \ln \left[\tanh \left(\frac{\pi t}{2\beta} \right) \right] dt$. The substitution $u = \tanh \left(\frac{\pi t}{2\beta} \right)$ yields a finite result $I = \frac{8\beta}{\pi^2} \int_0^1 \frac{\ln u}{1-u^2} du = -\beta$ which confirms the boundedness of \hat{L} .

decaying terms, and is thus itself exponentially small in the buffer radius R . This exponential decay easily overcomes any polynomial growth in the number of sites, ensuring the overall approximation remains efficient¹⁰.

In summary, by demonstrating that each term \hat{L}_i admits a local approximation with an exponentially small error, we confirm that the locality structure of \hat{O} is inherited by \hat{L} in the sense that each contribution admits a finite-support approximation with exponentially small error.

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¹⁰For an infinite lattice, \hat{L} is an extensive quantity. For such operators, the relevant metric is not the total error but the error per site. Our construction, which replaces each \hat{L}_i with its local approximation, provides a concrete scheme that guarantees the error per site is exponentially small.

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